

ULTRASOUND PREPARATIONS

PLEASE NOTE:

Preparations may be revised or altered at any time.

Please confirm preparation for your study upon scheduling your examination.

PROCEDURE

PREPARATION

ABDOMEN COMPLETE (includes pancreas, aorta, kidneys, spleen (LUQ))	No eating, drinking, smoking or chewing 6 hours prior to exam
ABDOMEN LIMITED (RUQ, gallbladder)	No eating, drinking, smoking or chewing 6 hours prior to exam
ABDOMINAL AORTA	No eating, drinking, smoking or chewing 6 hours prior to exam
ARTERIAL DOPPLER	No preparation
ARTERIAL W/TREADMILL	No preparation
BREAST	Previous mammogram films are required - no other preparation
BREAST WITH A DIAGNOSTIC MAMMOGRAM	No preparation
BREAST ASPIRATION	Previous mammogram films are required - no other preparation
BIOPHYSICAL PROFILE NON STRESS	Drink 3 -8oz. Glasses of water 1 1/2 hours prior to exam. Do not urinate
CAROTID	No preparation
ECHOCARDIOGRAM	No preparation
STRESS ECHO	No preparation
KIDNEY (RENAL)	No eating or smoking 6 hours prior to exam. Drink 16oz. of water 1 1/2 hours prior to exam
PT'S WITH RENAL OR HEART DISEASE--DO NOT DRINK! ASK THE TECHNOLOGIST FOR PREP!	
SOFT TISSUE EXTREMITY	No preparation
PELVIS (TRANS ABDOMINAL)	Drink 4- 8oz. Glasses of water 1 1/2 hours prior to exam. Do not urinate
PREGNANCIES;	
1ST TRIMESTER	Drink 4- 8oz. Glasses of water 1 1/2 hours prior to exam. Do not urinate
2ND/3RD TRIMESTER	Drink 4- 8oz. Glasses of water 1 1/2 hours prior to exam.

	Do not urinate
TWINS 2ND/3RD TRIM	Drink 4- 8oz. Glasses of water 1 1/2 hours prior to exam. Do not urinate
LEVEL II	Drink 4- 8oz. Glasses of water 1 1/2 hours prior to exam. Do not urinate
PROSTATE	Use a fleet enema 1 hour prior to exam
TESTICLES/ SCROTUM/TESTE	No preparation
VENOUS DOPPLER	No preparation
THYROID	No preparation