

CT PREPARATIONS

PLEASE NOTE:

Preparations may be revised or altered at any time.

Please confirm preparation for your study upon scheduling your examination.

PROCEDURE	PREP/NOTES
CT ABDOMEN without contrast	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT ABDOMEN with contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT ABDOMEN with & without contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT PELVIS without contrast	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT PELVIS with contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT PELVIS with & without contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT CHEST without contrast	No preparation
CT CHEST with contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT CHEST with & without contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT BRAIN without contrast	No preparation
CT BRAIN with contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT BRAIN with & without contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT INTERNAL AUDITORY CANAL (IAC)	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT MASTOIDS (TEMPORAL BONES)	No preparation
CT JAW (TMJ)	No preparation
CT ORBITS	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.

CT SINUSES	No preparation
CT NECK without contrast	No preparation
CT NECK with contrast *	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT MANDIBLE	No preparation
CT CERVICAL SPINE	No preparation
CT THORACIC SPINE (DORSAL SPINE)	No preparation
CT LUMBAR SPINE	No preparation
CT UPPER EXTREMITY	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.
CT LOWER EXTREMITY	No solid foods 6 hours prior to exam. Clear liquids and medications are allowed.

*** IF YOU HAVE ANY ALLERGIES TO IODINATED CONTRAST (IVP/CT DYE OR SEAFOOD) PLEASE CONTACT YOUR PHYSICIAN TO BE PREMEDICATED WITH A MEDROL PREPARATION.**

IF YOU ARE A DIABETIC AND ON GLUCOPHAGE (METFORMIN HYDROCHLORIDE) STOP TAKING IT FOR 48 HOURS AFTER THE INJECTION OF CONTRAST. YOU MUST HAVE A NEGATIVE RENAL FUNCTION TEST (BLOOD TEST) BEFORE RESUMING THE GLUCOPHAGE! DIABETICS SHOULD CONSULT THEIR PRIMARY CARE PHYSICIAN OR SPECIALIST BEFORE DISCONTINUING ANY MEDICATION.

IF YOU HAVE HAD PREVIOUS STUDIES RELATED TO THE AREA BEING SCANNED PLEASE BRING THE FILMS WITH YOU FOR YOUR APPOINTMENT.